Going to a
University of Missouri
Track and Field Meet
Going to a University of Missouri Track Meet
I am going to the University of Missouri Track meet at Walton Stadium.
We may park in a parking lot or in a garage.

I will stay with my family and be safe in the parking lot.
When we go into the stadium, we may need to wait for someone to take our tickets and check our bags.
Next, we can find our seats. We may need to walk up or down some stairs.
There will be a lot of people there and may get loud. If it is too loud I can ask to wear ear plugs or headphones.
If we need something or have a question we may ask someone who works at the stadium.
Before each race there will be a gun that will make a loud bang sound to signal the runners to start. This gun will be used safely and will not hurt anyone.
There are a lot of different activities that happen at a track meet. There are running races, hurdles, shot put, long jump, high jump and many others!
If the meet happens in the evening, there may be bright lights that are turned on.
I may also see police officers and emergency medical persons that are there to help if needed.

If I need help, there is a first aid room near sections 25-29.
There are concession stands to buy snacks. We may or may not buy snacks.
There are bathrooms close by that I can use during the game.
If I need a break I can ask to go to a quieter place. I can walk by the entrance.
When the meet is over, we will leave the stadium and drive home.

Going to watch MU Track and Field is fun!