An X-Ray at the Dentist!

I will go to Family Dental Center.
I will follow directions. I will stay calm and be safe. I will tell someone if I need or want anything.

First, I check in at the front desk.
I have to tell them my name.

Then, I will go back to a room to get pictures of my teeth.
I will sit in a special chair that moves and leans back.
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Next, the assistant will put a special vest on me. This lets the x-ray machine focus only on my teeth.

I will sit still and keep the vest on.

I can tell them if I need a break.

After I have the vest on, the assistant will place an x-ray sensor next to my teeth in my mouth.

The assistant will place the x-ray camera next to my cheek.

I will have to bite my teeth together so that the assistant can get a picture!

The Assistant will leave the room to push the x-ray button. The camera will make a buzz sound.

When the x-ray is complete, I can take the vest off. I will stay in my chair so the dentist can look at my teeth.
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I can earn coins for the prize machine and stickers if I listen and sit still.

I will do my best. This will not hurt and it will be done soon. I can do it!