



## Tips for a Successful Visit

### *Preparing for the Appointment:*

- Schedule a time with staff to bring your child in a few days before to allow them to explore and meet everyone
- Read the story to your child for several days prior to your appointment (These can be found on our website and Facebook page)
- Review visual schedule of appointment procedure with your child the day before and of your appointment
- Bring calming items and favorite rewards to the appointment
- Notify staff of any common triggers for negative behaviors and communication methods
- Complete all online forms and paperwork

### *Throughout the Appointment:*

- Give staff a warning if you see any signs of anxiety or escalating behavior
- Allow your child to use a distraction item (tablet, music, etc.) as needed
- Aide in communication between patient and staff

### *Post Appointment Reminders:*

- If your child received fluoride, do not brush their teeth the night off
- Create a consistent brushing routine in the mornings and evenings
- Use visual supports to help teach brushing routine
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