

Going to Therapeutic Riding



I'm going to Loudoun Therapeutic Riding.



I will stay calm and be safe. I will tell listen and follow directions. I can use toys if I feel nervous or scared.



I will wear a helmet to keep my head safe.

I will touch the horse with gentle hands.



I can walk with my horse or I can ride the horse.

I will follow all directions when riding the horse.



I can help brush the horse. I can talk to my horse.



Riding is so fun! I will have so much fun at therapeutic riding. When I listen and follow directions, I can have a safe and fun time riding the horse.