



Getting A Hair Cut at Cost Cutters or Supercuts Salon

I will get my hair cut at Cost Cutters or Supercuts salon. I will follow directions. I will tell someone if I need or want anything.



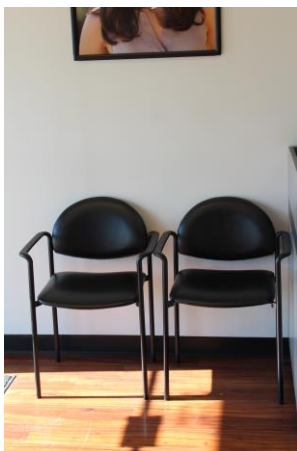
I will stay with my family in the parking lot. I will stay calm and be safe.

I will walk in the front door with my family. The door makes a chiming sound when I walk through it. I will walk in the door one time.

First, we check in at the front desk. We will tell the worker at the desk our phone number.



Next, I will wait until the stylist is ready to cut my hair. This is where I will wait.



There are many bottles of shampoo on the wall. I can look at the bottles of shampoo. I will keep my hands at my sides or in my pockets.



I will stay calm and be safe. I can look at books or ask to play with toys while I wait.



The stylist will call my name when she is ready to cut my hair.

I will follow the stylist and sit in the chair where I will have my hair cut.



I can tell the stylist if I want to sit in a different chair or have my adult sit with me.

The stylist will talk with me about how I want my hair to look. The stylist is nice. I can ask the stylist questions.



I can tell her if I need or want anything. I can tell her if I want a break or need to use the bathroom.



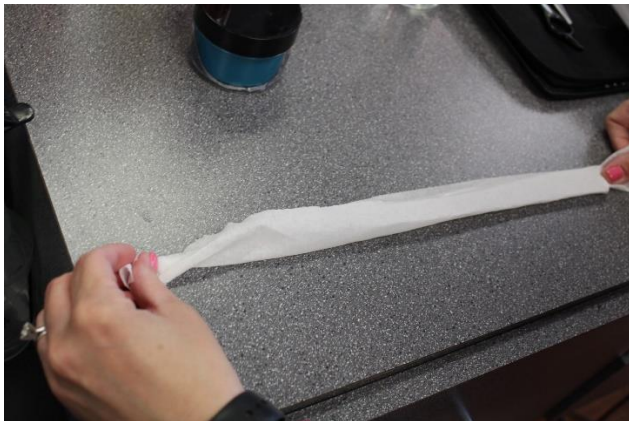
I will sit in front of a big mirror with lots of different hair supplies. This is where the stylist does her work.

I will keep my hands at my side.



I will wear a smock to keep hair off of my skin and clothes. A smock is like a big bib or apron.

First, the stylist will put a small paper around my neck. Then, she will put on the smock. The smock does not hurt. I can tell the stylist if I do not want to wear a smock.



There are many different hair tools that the stylist might use to cut my hair. These tools do not hurt.

I can ask the stylist questions.

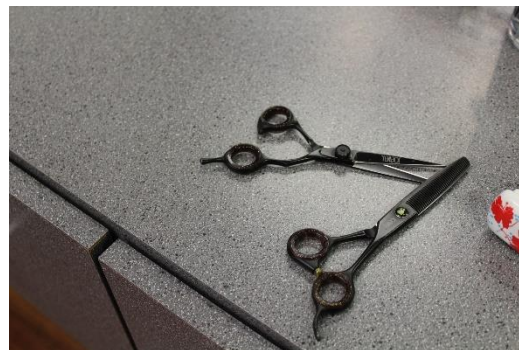
I will stay calm and be safe.



The stylist might spray my hair with water. I can tell the stylist if I do not want water sprayed on my hair.



The stylist might use scissors to cut my hair. I will stay calm and be safe near scissors.



The stylist might use clippers to cut my hair. These make a buzzing noise but do not hurt.



The stylist might use trimmers to cut the hair around my ears and neck.

These may tickle a little bit, but the trimmers do not hurt.

I will sit still while she uses the trimmers.

The stylist might wash my hair in a sink.



She might use a blow dryer to try my hair, or I might sit in a hair dryer chair. The hair dyers make noise. They do not hurt.



When my haircut is finished, the stylist will use a small brush to brush the hair off my neck.



I can look in a mirror at my new haircut. I look great!

Last, we will check out at the front desk.



I can get a lollipop if my family says it is okay.



Now it is time to go home. I will stay with my family in the parking lot.

I did a great job getting my hair cut!