

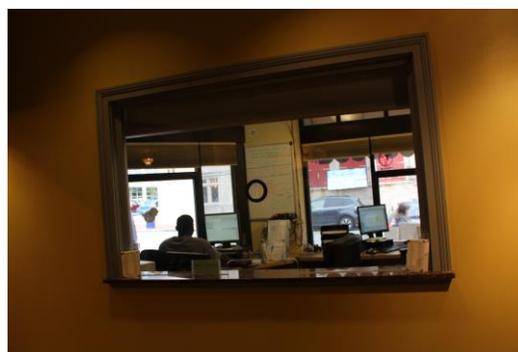


# Going to a Missouri Contemporary Ballet Performance

I am going to watch a performance of the Missouri Contemporary Ballet. I can be safe and calm at the show. First, we will park the car. I will stay with my family while we walk into the theater. I will be safe on the sidewalk and street.



Next, we will get our tickets for the show. We might get them at a window outside the building or a window inside the building. I can be calm and safe while we wait to get our tickets.



We will go in the doors and enter lobby of the theater. It is very beautiful! I can stay with my family in the lobby.

I can be calm and safe.



There might be snacks and drinks for sale in the lobby. I can ask my family if I want a snack. I will listen to what they say. If they say “no,” that’s okay! I can stay calm and be safe.



I can tell my family if I need to use the bathroom or get a drink of water.



After that, we will go to our seats. I will stay with my family as we walk to where we will sit. I will sit in the chair my family tells me to sit in. I will stay calm and be safe in my chair.



The lights will go dark when the dancers are ready to start the show. I am safe when the lights go out. I will stay calm.



The dancing is fun to watch! There might be loud music or pretend smoke on stage during the show. I am safe.

Sometimes the lights will come on for a few minutes during the show. I will stay in my chair unless my family tells me I can get up. I can wait patiently and stay calm.

I can tell an adult if I need to take a break. I can take a break in areas with seats to rest on.



There are stairs and doors in the theater. I will be safe on the stairs.  
I will only go through the doors my family tells me to use.



When the show is over, I will leave the theater with my family. I will stay with my family as we walk through the lobby and out the door. I will stay with my family as we walk to our car. I can be safe on the sidewalk and crossing the street.



It is time to go home. I did a great job! Going to see a performance at the Missouri Contemporary Ballet is fun!

