Having an X-Ray

Sometimes when I am at the doctor or at the hospital I need to have an “X-Ray”

An X-Ray is a special picture inside of my body. Just like when I have my picture taken, during an X-Ray I can’t feel it.

When it is time for me to have my x-ray, I will be brought to the x-ray room. This room has a camera and a table.

A technician will meet me in the room and may ask me to sit, stand or lay down for the picture. The X-Ray camera can move around so they can get a picture of my body.

After I am in the right spot, the technician will put an apron over part of my body. The apron may feel heavy but it does not hurt.

I will stay still and follow directions while they take the picture.

The X-Ray machine may make clicking and humming noises while it takes the picture.

When I am all done the doctor will look at the picture to help me feel better!