

# Going to the Eye Doctor at Mason Eye Clinic



I will get my eyes looked at when I go to the eye doctor. I will follow directions. I will tell someone if I need or want anything.

I will stay with my family in the parking lot. I will stay calm and be safe.

I will walk in the front door with my family. I will walk in the door one time.



First, we check in at the front desk. We will tell the worker at the desk my name. She will take my temperature to make sure I am healthy. It will not hurt.





Next, I will wait until it is my turn to see the doctor. This is where I will wait.

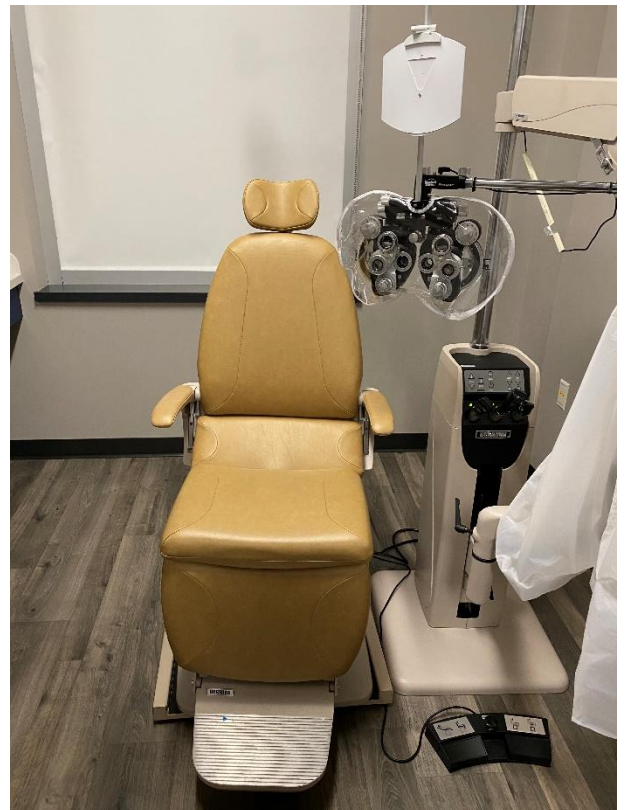


While I wait, I can play with toys, color a picture, or do activities my family brought. I will be quiet and stay in my seat.

When my name is called, I will walk down the hallway to my room. I will keep my hands at my sides or in my pockets.



I will be safe and go into the room. I will sit in the big chair JUST FOR ME!



While I wait for the doctor, a nurse might ask me or my family some questions.

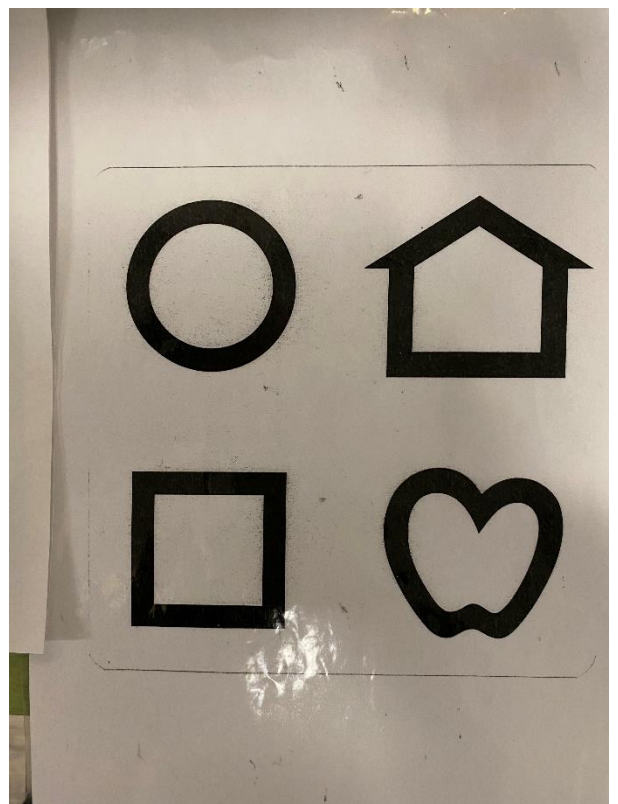
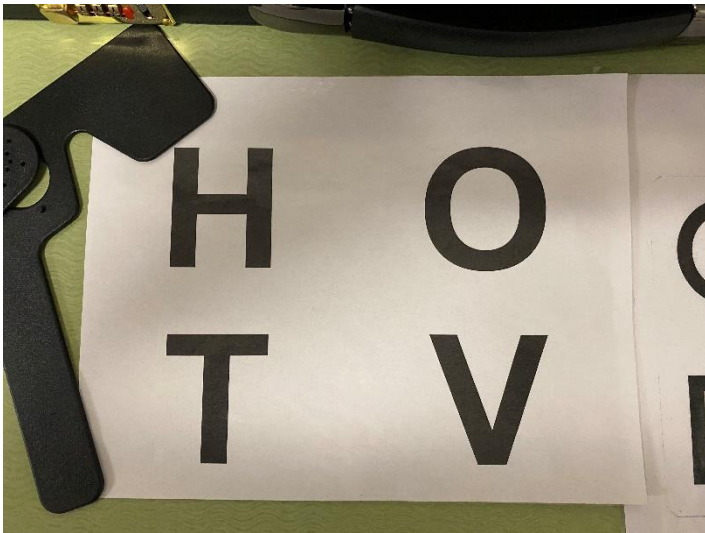
I can play with toys or watch a movie until the doctor comes in.





When the doctor comes in, he or she will look at my eyes. I can tell the doctor if something hurts.

The doctor might ask me to look at letters or pictures. I will do my best and tell the doctor what I see.



If I get frustrated, I can ask for a break.

When the doctor is finished, I can pick out a sticker.



Now it's time to go home.